

Lassen Union High School

December Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
23 No School Today	24 No School Today	25 No School Today	26 No School Today	27 No School Today
30 Beef Macaroni Roll Corn Apple Milk Chocolate Milk Ham & Cheese Sandwich Dill Pickle Chips sandwich condiments	1 Chicken Stir Fry Brown Rice Green Beans Pineapple Milk Chocolate Milk Tuna Sandwich Chips Carrot sticks Ranch Dressing	2 Tacos Cheese, shredded Shredded Lettuce Salsa Spanish Rice Refried Beans Peach Cup Milk Chocolate Milk Turkey and Cheese Sand Dill Pickle Chips sandwich condiments	3 Pulled Pork on a Bun Grape Tomatoes Ranch Dressing Diced Apricots Milk Chocolate Milk PBJ Sandwich Chips	4 Pepperoni Pizza Cheese Pizza Romaine Salad Mixed Fruit Ranch Dressing Milk Chocolate Milk Ham & Cheese Sandwich Chips sandwich condiments
7 Oven Fried Chicken BBQ Beans Macaroni Salad Diced Pears Milk Chocolate Milk Tuna Sandwich Dill Pickle Chips	8 Cheeseburger on Bun Potato Wedges Apple Ketchup Ranch Dressing Milk Chocolate Milk Ham & Cheese Sandwich Chips Grape Tomatoes sandwich condiments	9 Chicken Alfredo Pasta Breadstick PEAS & CARROTS Peaches Milk Chocolate Milk PBJ Sandwich Chips Dill Pickle	10 Ham & Gravy Mashed Potatoes Stuffing Dinner Roll Green Beans Cranberry Sauce Sweet Potato Pie Milk Chocolate Milk	11 Pepperoni&Sausage Pizz Pepperoni Pizza Cheese Pizza Romaine Salad Pineapple Milk Chocolate Milk Ranch Dressing Italian Dressing Turkey and Cheese Sand Chips sandwich condiments
14 Ground Beef Stroganoff Pasta Green Beans Diced Apricots Milk Chocolate Milk Turkey and Cheese Sand Dill Pickle Chips sandwich condiments	15 MINIMUM DAY Sloppy Joe on a Bun Corn Mixed Fruit Milk Chocolate Milk Turkey and Cheese Sand sandwich condiments Tuna Sandwich Grape Tomatoes Ranch Dressing Chips	16 MINIMUM DAY Beef Shephard's Pie Dinner Roll Broccoli Diced Pears Milk Chocolate Milk Ham & Cheese Sandwich Dill Pickle Chips sandwich condiments	17 MINIMUM DAY Fishwich Cheeseburger on Bun Macaroni & Cheese Grape Tomatoes Ranch Dressing Applesauce Milk Chocolate Milk PBJ Sandwich Chips	18 No School Today
21 No School Today	22 No School Today	23 No School Today	24 No School Today	25 No School Today
28 No School Today	29 No School Today	30 No School Today	31 No School Today	1 No School Today

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.