

Lassen Union High School

January Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>4</p> <p>Fish Sticks Macaroni & Cheese Green Beans Raisin Box Milk Chocolate Milk PBJ-Uncrustables Dill Pickle Chips</p>	<p>5</p> <p>Turkey & Gravy Brown Rice Stuffing Roll Sweet Potatoes Peach Cup Milk Chocolate Milk Ham & Cheese Sandwich Grape Tomatoes Chips</p>	<p>6</p> <p>Spaghetti Breadsticks, Garlic Broccoli Strawberries Milk Chocolate Milk Turkey and Cheese Sand Dill Pickle Chips sandwich condiments</p>	<p>7</p> <p>Pulled Pork on a Bun Oven Fried Potatoes Mixed Berries BBQ Sauce Milk Chocolate Milk PBJ Sandwich Grape Tomatoes Ranch Dressing Chips</p>	<p>8</p> <p>Sausage Pizza Pepperoni Pizza Cheese Pizza Grape Tomatoes Diced Apricots Ranch Dressing Milk Chocolate Milk Tuna Sandwich Chips</p>
<p>11</p> <p>Chicken Pot Pie Roll CARROTS Mixed Fruit Milk Chocolate Milk Ham & Cheese Sandwich Dill Pickle Chips sandwich condiments</p>	<p>12</p> <p>Ham & Gravy Rice Roll Green Beans Applesauce Milk Chocolate Milk Tuna Sandwich Chips Grape Tomatoes</p>	<p>13</p> <p>LATE START Tacos Spanish Rice Refried Beans Peaches Cheese, shredded Shredded Lettuce Salsa Milk Chocolate Milk PBJ-Uncrustables Romaine Salad Ranch Dressing</p>	<p>14</p> <p>Sloppy Joe on a Bun French Fries Diced Pears Milk Chocolate Milk Turkey and Cheese Sand Romaine Salad Ranch Dressing Italian Dressing sandwich condiments Chips</p>	<p>15</p> <p>Pepperoni Pizza Cheese Pizza Grape Tomatoes Ranch Dressing Strawberries Milk Chocolate Milk PBJ Sandwich Chips</p>
<p>18</p> <p>No School Today</p>	<p>19</p> <p>Vegetable Soup Grilled Ham & Cheese Sa Mixed Berries Milk Chocolate Milk PBJ Sandwich Dill Pickle Chips</p>	<p>20</p> <p>Chicken Alfredo Pasta Breadstick Broccoli Diced Apricots Milk Chocolate Milk Tuna Sandwich Chips Grape Tomatoes</p>	<p>21</p> <p>Cheeseburger on Bun French Fries Ketchup Mayonnaise packet Mustard Ranch Dressing Mixed Fruit Milk Chocolate Milk PBJ-Uncrustables Chips Dill Pickle</p>	<p>22</p> <p>Pepperoni&Sausage Pizz Pepperoni Pizza Cheese Pizza Celery Sticks Ranch Dressing Applesauce Milk Chocolate Milk Ham & Cheese Sandwich Chips sandwich condiments</p>
<p>25</p> <p>Ground Beef Stroganoff Pasta Diced Pears Peaches Milk Chocolate Milk Turkey and Cheese Sand Celery Sticks Ranch Dressing Chips sandwich condiments</p>	<p>26</p> <p>Chicken Stir Fry Brown Rice Roll Romaine Salad Ranch Dressing Italian Dressing Diced Pears Milk Chocolate Milk PBJ Sandwich Chips</p>	<p>27</p> <p>Meat Loaf Mashed Potatoes Brown Gravy Breadstick, Garlic Strawberries Milk Chocolate Milk Ham & Cheese Sandwich Grape Tomatoes Chips sandwich condiments</p>	<p>28</p> <p>Chicken Patty on a Bun BBQ Beans Diced Apricots Milk Chocolate Milk sandwich condiments Ketchup BBQ Sauce Tuna Sandwich Dill Pickle Chips</p>	<p>29</p> <p>Pepperoni Pizza Cheese Pizza Grape Tomatoes Mixed Fruit Ranch Dressing Milk Chocolate Milk Turkey and Cheese Sand Chips sandwich condiments</p>

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.