

Lassen Union High School

Monday	Tuesday	Wednesday	Thursday	Friday
30 No School Today	31 Blueberry Bash Waffles C R Bagel & Cream Chees Cereal Yogurt & Granola Orange Juice Grape Juice Peaches Apple Milk Chocolate Milk	1 Biscuit & Sausage Sand BB Bagel & Cream Chees Cereal Yogurt & Granola Apple Juice Pineapple Orange Juice Fruit Punch Juice Orange Diced Pears Milk Chocolate Milk	2 Breakfast Burrito Salsa WW Bagel & Cream Chee Cereal Yogurt & Granola Orange Juice Grape Juice Fruit Punch Juice Raisin Box Mixed Fruit Apple Milk Chocolate Milk	3 French Toast Syrup C R Bagel & Cream Chees Cereal Yogurt & Granola Apple Juice Orange Juice Grape Juice Dried Cranberries Applesauce Cup Orange Milk Chocolate Milk
6 Chocolate Chip Muffin w/ Banana Muffin w/String C BB Bagel & Cream Chees Cereal Yogurt & Granola Fruit Punch Juice Grape Juice Apple Juice Applesauce Orange Milk Chocolate Milk	7 MINIMUM DAY Cinnamon Roll & Cheese WW Bagel & Cream Chee Cereal Yogurt & Granola Orange Juice Grape Juice Fruit Punch Juice Mixed Fruit Apple Dried Cranberries Milk Chocolate Milk	8 MINIMUM DAY Sunrise Sandwich Sunrise Sandwich no egg C R Bagel & Cream Chees Cereal Yogurt & Granola Apple Juice Orange Juice Pineapple Orange Juice Pineapple Orange Raisin Box Milk	9 MINIMUM DAY Churro, Apple Churros, Raspberry WW Bagel & Cream Chee Cereal Yogurt & Granola Apple Juice PINEAPPLE JUICE Orange Juice Mandarin Orange Cups Apple Milk Chocolate Milk	10 Graduation!

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.