

# Lassen Union High School

Monday	Tuesday	Wednesday	Thursday	Friday
2  Tornado - Sausage Salsa BB Bagel & Cream Chees Cereal Yogurt & Granola Pineapple Orange Juice Orange Juice Diced Pears Orange Milk Chocolate Milk	3  Belgian Waffle Sticks Syrup WW Bagel & Cream Chee Cereal Yogurt & Granola Grape Juice Fruit Punch Juice Apple Pineapple Milk Chocolate Milk	4  Biscuit & Sausage Sand C R Bagel & Cream Chees Cereal Yogurt & Granola Apple Juice Pineapple Orange Juice Orange Peach Cup Milk Chocolate Milk	5  Breakfast Burrito Salsa BB Bagel & Cream Chees Cereal Yogurt & Granola Orange Juice Fruit Punch Juice Raisin Box Mixed Fruit Apple Milk Chocolate Milk	6  French Toast Syrup WW Bagel & Cream Chee Cereal Yogurt & Granola Apple Juice Grape Juice Dried Cranberries Applesauce Cup Orange Milk Chocolate Milk
9  Churro, Apple Churros, Raspberry WW Bagel & Cream Chee Cereal Yogurt & Granola Orange Juice Fruit Punch Juice Grape Juice Mandarin Orange Cups Apple Milk Chocolate Milk	10  Cinnamon Roll & Cheese BB Bagel & Cream Chees Cereal Yogurt & Granola PINEAPPLE JUICE Grape Juice Fruit Punch Juice Mixed Fruit Orange Dried Cranberries Milk Chocolate Milk	11  LATE START Sunrise Sandwich Sunrise Sandwich no egg C R Bagel & Cream Chees Cereal Yogurt & Granola Apple Juice Orange Juice Pineapple Orange Juice Mixed Berries Apple Raisin Box Milk	12  Blueberry Bash Waffles Maple Madness Waffles Syrup WW Bagel & Cream Chee Cereal Yogurt & Granola Fruit Punch Juice Grape Juice Apple Juice Applesauce Orange Milk Chocolate Milk	13  Pancake Pups Syrup BB Bagel & Cream Chees Cereal Yogurt & Granola Orange Juice Apple Juice Pineapple Orange Juice Pineapple Apple Milk Chocolate Milk
16  Breakfast Bun & String C C R Bagel & Cream Chees Cereal Yogurt & Granola Grape Juice PINEAPPLE JUICE Fruit Punch Juice Mixed Fruit Raisin Box Orange Milk Chocolate Milk	17  French Toast Syrup BB Bagel & Cream Chees Cereal Yogurt & Granola Apple Juice Orange Juice Pineapple Orange Juice Diced Pears Apple Milk Chocolate Milk	18  Biscuit & Sausage Sand WW Bagel & Cream Chee Cereal Yogurt & Granola Apple Juice Grape Juice Fruit Punch Juice Orange Diced Apricots Milk Chocolate Milk	19  Tornado - Sausage Salsa C R Bagel & Cream Chees Cereal Yogurt & Granola Pineapple Orange Juice Orange Juice Apple Juice Raisin Box Pineapple Apple Milk Chocolate Milk	20  Chocolate Chip Muffin w/ Banana Muffin w/String C BB Bagel & Cream Chees Cereal Yogurt & Granola Orange Juice Fruit Punch Juice Grape Juice Peaches Banana Dried Cranberries Milk Chocolate Milk
23  Pancake Pups WW Bagel & Cream Chee Cereal Yogurt & Granola Apple Juice PINEAPPLE JUICE Orange Juice Mandarin Orange Cups Apple Milk Chocolate Milk	24  Churro, Apple Churros, Raspberry BB Bagel & Cream Chees Cereal Yogurt & Granola Orange Juice Fruit Punch Juice Grape Juice Mixed Fruit Orange Milk Chocolate Milk	25  LATE START Sunrise Sandwich C R Bagel & Cream Chees Cereal Yogurt & Granola Grape Juice Fruit Punch Juice Pineapple Orange Juice Dried Cranberries Peaches Apple Milk Chocolate Milk	26  Sausage Breakfast Pizza WW Bagel & Cream Chee Cereal Yogurt & Granola Apple Juice Orange Juice PINEAPPLE JUICE Applesauce Orange Milk Chocolate Milk	27  Breakfast Burrito Salsa WW Bagel & Cream Chee Cereal Yogurt & Granola Apple Juice Fruit Punch Juice Grape Juice Diced Pears Apple Milk Chocolate Milk

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.